



**GOPIO HEALTH SUMMIT PROGRAM
Crowne Plaza LaGuardia Hotel, New York**

PROGRAM

FRIDAY, NOVEMBER 12, 2010

- 6:00-7:00 PM** **Reception**
- 7:00-10:00 PM** **Inauguration, Felicitations, Keynote Address followed by Dinner and Live Music**

SATURDAY, NOVEMBER 13, 2010

- 8:00-9:00 AM** **Registration**
- 9:00-9:45 AM** **Opening Session - Keynote Speaker**
- 9:45-10:45 AM** **Heart Health (Dr. Enas A. Enas, Chicago)**
- 10:30-10:45 AM** **Coffee Break**
- 10:45-11:45 AM** **Diabetes & Obesity (Dr. Alex Zachariah, Champaign, IL)**
- 11:45-12:30 PM** **Energy Healing (Master Del Pe, Houston)**
(Interactive Session with Audience Participation)
- 12:30-1:45 PM** **Lunch and Luncheon Speaker (Total 1 Hour 15 Minutes)**
- 1:45-2:45 PM** **Nutrition and Nutraceutical Supplements (Dr. Wahida Karmally, Columbia Univ.;
Muhammed Majeed, Sabinsa Corp.; Dr. Madhavan Anuradhan, Essen- Nutrition)**
- 2:45-3:45 PM** **Holistic Approach to Health (Dr. Bhattacharya, Dr. Horowitz)**
- 3:45-4:00 PM** **Coffee Break**
- 4:00-5:00** **Alternative Approaches to Health - Ayurveda, Herbal**
(Dr. Arpana Bapat-Stress, Dr. Pratibha Shah- Diabetes)
- 5:00-5:30 PM** **Prevention & Management of Chronic Diseases (Panel Discussion)**
- 7:00-10:00 PM** **Oral Health Talk, Awards, followed by Dinner and Live Music**

SUNDAY, NOVEMBER 14, 2010

- 9:00-12:00 Noon** **Track1 - Childrens' Health - Diabetes/Obesity/Eating Smart/Healthy Lifestyle/Oral
Health**
- 9:00-12:00 Noon** **Track 2 - Optional Program (TBD)**

Updated Sept, 28, 2010